

NOVEMBER Signature Service



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FEATURED ITEMS:



SWEET & SOUR TOFU w/VEGGIE RICE (GF, V)



CHEESEBURGER



CHICKEN PARM



GREEK CHOPPED SALAD (GF, V)



TURKEY & CHEESE WRAP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



<p>01</p> <p>Baked Potato w/Veggie Chili (GF, V) Chicken Nuggets w/Ketchup Mac & Cheese (V) Penne Marinara (V) Turkey Meatball Sub Chicken Caesar Dippers</p>	<p>02</p> <p>Chicken Nuggets w/Ketchup Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Vegetarian Fried Rice (GF, V) BLT Salad w/Chicken (GF)</p>				
<p>05</p> <p>Chicken Nuggets w/ Ketchup Fish Sticks and Ketchup Pasta w/Meatballs Sweet & Sour Tofu w/Veggie Rice (GF, V) Turkey Chili w/Rice & Beans (GF) Bagel w/Cream Cheese (V)</p>	<p>06</p> <p>BBQ Pulled Pork Burrito Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Mac & Cheese (V) Breakfast for Lunch Pack (V) Greek Chopped Salad (GF, V)</p>	<p>07</p> <p>Bean & Cheese Enchilada (V) Caribbean Pork w/Rice & Beans (GF) Chicken Nuggets w/Ketchup Chicken Parmesan Hot Dog on Whole Wheat Bun Mac & Cheese (V) Caesar Salad w/Chicken</p>	<p>08</p> <p>Baked Potato & Veggie Chili (GF, V) Chicken Nuggets w/Ketchup Hamburger Pasta w/Meatballs Pizza Dippers (V) BLT Salad w/Chicken (GF)</p>	<p>09</p> <p>Cheeseburger Chicken Nuggets w/Ketchup Penne Marinara Turkey Meatball Sub Vegetarian Fried Rice (GF, V) Chicken Caesar Dippers</p>	
<p>12</p> <p>NO SMART LUNCHES ~ VETERAN'S DAY</p>		<p>13</p> <p>BBQ Pulled Pork Burrito Bean & Cheese Enchilada (V) Chicken Nuggets w/Ketchup Chicken Parmesan Mac & Cheese (V) Turkey Chili w/Rice & Beans (GF) Caesar Salad w/Chicken</p>	<p>14</p> <p>Cheeseburger Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Pasta w/Meatballs Breakfast for Lunch Pack (V) Greek Chopped Salad (GF, V)</p>	<p>15</p> <p>Baked Potato w/Veggie Chili (GF, V) Chicken Nuggets w/Ketchup Mac & Cheese (V) Penne Marinara (V) Turkey Meatball Sub Chicken Caesar Dippers</p>	<p>16</p> <p>Chicken Nuggets w/Ketchup Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Vegetarian Fried Rice (GF, V) BLT Salad w/Chicken (GF)</p>
<p>19</p> <p>Chicken Nuggets w/Ketchup Fish Sticks and Ketchup Pasta w/Meatballs Sweet & Sour Tofu w/Veggie Rice (GF, V) Turkey Chili w/Rice & Beans (GF) Bagel w/Cream Cheese & Jelly (V)</p>	<p>20</p> <p>BBQ Pulled Pork Burrito Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Mac & Cheese (V) Breakfast for Lunch Pack (V) Greek Chopped Salad (GF, V)</p>	<p>21</p> <p><i>Always</i> GRATEFUL HAPPY THANKSGIVING</p> 		<p>23</p>	
<p>26</p> <p>Caribbean Pork w/Rice & Beans (GF) Chicken Nuggets w/Ketchup Hot Dog on a Whole Wheat Bun Mac & Cheese (V) Pizza Dippers (V) Turkey & Cheese Wrap</p>	<p>27</p> <p>BBQ Pulled Pork Burrito Bean & Cheese Enchilada (V) Chicken Nuggets w/Ketchup Chicken Parmesan Mac & Cheese (V) Turkey Chili w/Rice & Beans (GF) Caesar Salad w/Chicken</p>	<p>28</p> <p>Cheeseburger Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Pasta w/Meatballs Breakfast for Lunch Pack (V) Greek Chopped Salad (GF, V)</p>	<p>29</p> <p>Baked Potato w/Veggie Chili (GF, V) Chicken Nuggets w/Ketchup Mac & Cheese (V) Penne Marinara (V) Turkey Meatball Sub Chicken Caesar Dippers</p>	<p>30</p> <p>Chicken Nuggets w/Ketchup Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Vegetarian Fried Rice (GF, V) BLT Salad w/Chicken (GF)</p>	

(V) = VEGETARIAN (GF) = GLUTEN FREE

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