

FEBRUARY Signature Service

FEATURED ITEMS:



TURKEY CHILI w/RICE & BEANS (GF)



PASTA & MEATBALLS



MAC & CHEESE (V)



NEW BUFFALO CHICKEN WRAP w/SNAP PEAS



NEW CHICKEN QUESADILLA w/HUMMUS & EDAMAME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	01
<p>Place your order @ www.SMARTLUNCHES.com (V) = Vegetarian (GF) = Gluten Free</p>				
04	05	06	07	08
<p>Caribbean Pork w/Rice & Beans (GF) Chicken Nuggets w/Ketchup Sweet Potato & Chicken Sausage w/Black Beans & Rice (GF) Hot Dog on a Whole Wheat Bun Pizza Dippers (V) Quesa-Rito w/Rice & Beans (V) Hummus, Pita & Edamame (V)</p>	<p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Chicken Parmesan Mac & Cheese (V) Turkey Chili w/Rice & Beans Chicken Quesadilla w/Hummus Caesar Salad w/Chicken</p>	<p>Cheeseburger Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Pizza Dippers (V) Penne Marinara (V) Buffalo Chicken Wrap w/Snap Peas Chopped Greek Salad (V)</p>	<p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Curry Chicken, Veggie & Rice (GF) Penne Marinara (V) Quesa-Rito w/Rice & Beans (V) Turkey Meatball Sub Chicken Caesar Dippers</p>	<p>Baked Potato w/Veggie Chili (GF, V) Chicken Nuggets w/Ketchup Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Buffalo Chicken Wrap w/Snap Peas BLT Salad (GF)</p>
11	12	13	14	15
<p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Quesa-Rito w/Rice & Beans (V) Sweet & Sour Tofu w/Veggie Rice (GF,V) Turkey Chili w/Rice & Beans (GF) Bagel w/Cream Cheese & Jelly (V)</p>	<p>Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Curry Chicken, Veggie & Rice (GF) Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Hummus, Pita & Edamame (V)</p>	<p>Caribbean Pork w/Rice & Beans (GF) Chicken Nuggets w/Ketchup Chicken Parmesan Hot Dog on a Whole Wheat Bun Mac & Cheese (V) Buffalo Chicken Wrap w/Snap Peas Greek Chopped Salad (V)</p>	<p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Sweet Potato & Chicken Sausage w/Black Beans & Rice (GF) Pasta w/Meatballs Quesa-Rito w/Rice & Beans (V) BLT Salad (GF)</p>	<p>Baked Potato w/Veggie Chili (GF,V) Cheeseburger Chicken Nuggets w/Ketchup Mac & Cheese (V) Penne Marinara (V) Turkey Meatball Sub Chicken Caesar Dippers Chicken Quesadilla w/Hummus</p>
18	19	20	21	22
<p>~ NO SMART LUNCHES ~ President's Day</p>	<p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Chicken Parmesan Mac & Cheese Turkey Chili w/Rice & Beans Chicken Quesadilla w/Hummus Caesar Salad w/Chicken</p>	<p>Cheeseburger Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Pizza Dippers (V) Penne Marinara Buffalo Chicken Wrap w/Snap Peas Greek Chopped Salad (V)</p>	<p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Curry Chicken, Veggie & Rice (GF) Penne Marinara (V) Quesa-Rito w/Rice & Beans (V) Turkey Meatball Sub Chicken Caesar Dippers</p>	<p>Baked Potato w/Veggie Chili (GF, V) Chicken Nuggets w/Ketchup Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Buffalo Chicken Wrap w/Snap Peas BLT Salad (GF)</p>
25	26	27	28	
<p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Quesa-Rito w/Rice & Beans (V) Sweet & Sour Tofu w/Veggie Rice (GF,V) Turkey Chili w/Rice & Beans (GF) Bagel w/Cream Cheese & Jelly</p>	<p>Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Curry Chicken, Veggie & Rice (GF) Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Hummus, Pita & Edamame (V)</p>	<p>Caribbean Pork w/Rice & Beans (GF) Chicken Nuggets w/Ketchup Chicken Parmesan Hot Dog on a Whole Wheat Bun Mac & Cheese (V) Buffalo Chicken Wrap w/Snap Peas Greek Chopped Salad (V)</p>	<p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Sweet Potato & Chicken Sausage w/Black Beans & Rice (GF) Pasta w/Meatballs Quesa-Rito w/Rice & Beans (V) BLT Salad (GF)</p>	

