

JANUARY Signature Service



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FEATURED ITEMS:



**QUESA-RITO
W/BEANS & RICE (V)**



**CHEESY FRITTATA
W/TATER TOTS (V)**



PIZZA DIPPERS (V)



**TURKEY CHILI
W/RICE & BEANS (GF)**



**HUMMUS, PITA &
EDAMAME (V)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>31</p>	<p>01</p>	<p>02</p>	<p>03</p> <p>Baked Potato w/Veggie Chili (GF,V) Cheesy Frittata & Tater Tots (V) Chicken Nuggets Penne Marinara (V) Turkey Meatball Sub Chicken Caesar Dippers</p>	<p>04</p> <p>Chicken Nuggets Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Quesa-Rito w/Ricce & Beans (V) BLT Salad w/Chicken (CF)</p>
<p>07</p> <p>Caribbean Pork w/Rice & Beans (GF) Chicken Nuggets w/Ketchup Curry Turkey, Veggie & Rice Hot Dog on a Whole Wheat Bun Pizza Dippers (V) Quesa-Rito w/Rice & Beans (V) Hummus, Pita & Edamame (V)</p>	<p>08</p> <p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Chicken Parmesan Mac & Cheese Turkey Chili w/Rice & Beans Chicken Quesadilla w/Hummus Caesar Salad w/Chicken</p>	<p>09</p> <p>Cheeseburger Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Mac & Cheese (V) Pasta w/Meatballs Buffalo Chicken Wrap w/Snap Peas Chopped Greek Salad</p>	<p>10</p> <p>Cheesy Frittata & Tater Tots Chicken Nuggest w/Ketchup Curry Turkey, Veggie & Rice Penne Marinara Quesa-Rito w/Rice & Beans Turkey Meatball Sub Chicken Caesar Dippers</p>	<p>11</p> <p>Baked Potato w/Veggie Chili (GF, V) Chicken Nuggets w/Ketchuup Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Buffalo Chicken Wrap w/Snap Peas BLT Salad w/Chicken</p>
<p>14</p> <p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Quesa-Rito w/Rice & Beans (V) Sweet & Sour Tofu w/Veggie Rice (GF,V) Turkey Chili w/Rice & Beans (GF) Bagel w/Cream Cheese & Jelly</p>	<p>15</p> <p>Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Curry Turkey, Veggie & Rice (GF) Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Hummus, Pita & Edamame (V)</p>	<p>16</p> <p>Caribbean Pork w/Rice & Beans (GF) Chicken Nuggets w/Ketchup Chicken Parmesan Hot Dog on a Whole Wheat Bun Mac & Cheese (V) Buffalo Chicken Wrap w/Snap Peas Greek Chopped Salad (V)</p>	<p>17</p> <p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Hamburger Pasta w/Meatballs Quesa-Rito w/Rice & Beans (V) BLT Salad w/Chicken</p>	<p>18</p> <p>Baked Potato w/Veggie Chili (GF,V) Cheeseburger Chicken Nuggets w/Ketchup Mac & Cheese (V) Penne Marinara (V) Turkey Meatball Sub Chicken Caesar Dippers Chicken Quesadilla w/Hummus</p>
<p>21</p> <p>~NO SMART LUNCHES ~ Martin Luther King Jr. Day</p>	<p>22</p> <p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Chicken Parmesan Mac & Cheese Turkey Chili w/Rice & Beans Chicken Quesadilla w/Hummus Caesar Salad w/Chicken</p>	<p>23</p> <p>Cheeseburger Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Mac & Cheese (V) Pasta w/Meatballs Buffalo Chicken Wrap w/Snap Peas Greek Chopped Salad (V)</p>	<p>24</p> <p>Cheesy Frittata & Tater Tots Chicken Nuggest w/Ketchup Curry Turkey, Veggie & Rice Penne Marinara Quesa-Rito w/Rice & Beans Turkey Meatball Sub Chicken Caesar Dippers</p>	<p>25</p> <p>Baked Potato w/Veggie Chili (GF, V) Chicken Nuggets w/Ketchuup Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Buffalo Chicken Wrap w/Snap Peas BLT Salad w/Chicken</p>
<p>28</p> <p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Quesa-Rito w/Rice & Beans (V) Sweet & Sour Tofu w/Veggie Rice (GF,V) Turkey Chili w/Rice & Beans (GF) Bagel w/Cream Cheese & Jelly</p>	<p>29</p> <p>Chicken Fried Rice (GF) Chicken Nuggets w/Ketchup Curry Turkey, Veggie & Rice (GF) Fish Sticks and Ketchup Pasta w/Meatballs Pizza Dippers (V) Hummus, Pita & Edamame (V)</p>	<p>30</p> <p>Caribbean Pork w/Rice & Beans (GF) Chicken Nuggets w/Ketchup Chicken Parmesan Hot Dog on a Whole Wheat Bun Mac & Cheese (V) Buffalo Chicken Wrap w/Snap Peas Greek Chopped Salad (V)</p>	<p>31</p> <p>Cheesy Frittata & Tater Tots (V) Chicken Nuggets w/Ketchup Hamburger Pasta w/Meatballs Quesa-Rito w/Rice & Beans (V) BLT Salad w/Chicken</p>	

(V) = VEGETARIAN (GF) = GLUTEN FREE

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